

Pick up the box with **YOUR NAME ON THE LABEL.**

**Sign out your box** on the list on the clipboard.

**HOMESTEADER FOLKS** look also for a red bag with your name on the label.

**STORE ORDERS:** if you ordered something it will also come in a red bag or a box with your name on the label

**MEAT: YES** it is a meat week! **STORE ORDERS** will be in the cooler with your name on the package.



**LATE PICK UP?** Call your host. All boxes etc will be donated after 24 hours to avoid waste so **PLEASE** pick up, or call the host to see if you can work something out. This especially applies to meat. Its yours as soon as it leaves the farm and its so sad if it wastes.

**QUESTIONS? PROBLEMS? CONFUSION?** email [garden@community-homestead.org](mailto:garden@community-homestead.org) or call me, Christine, 715 220 5925

Remember to be nice to your site hosts. These guys are great and make this whole system possible. They appreciate you folding your returned box neatly and shutting the porch door! Picking up on time is also much appreciated!

**Return and recycle:** all jars, and rings (but not the flat lids)

**Red Bags**-please returns on time so we have something to pack into the next week!



**Boxes:** this is one of our highest non food costs. You can help us keep our prices down by bringing back boxes, carefully unfolded so the flaps don't break!

# Community Homestead

## Aug 28, 2024

### CSA Box 13 (of 20)

#### **Abbreviated Box Note this week everyone!**

**Your Box note writer is spending the week playing with a grandbaby in Madison while her parents do their work! Back on it next week!**

**Fortunately our little end of the St Croix valley was NOT damaged by the storm much. Our neighbors were hit harder and we know folks in the cities had a bit of damage so our sympathies to everyone on the clean-up. Hope no one was too badly impacted. All we had was a power outage for a few hours.**

**But essentially, here is what is in your box**

**Beans**  
**Beets with greens**  
**Broccoli**  
**Conical Cabbage**  
**Carrots**  
**Edamame**  
**Onions**  
**Italia Peppers**  
**Summer Squash**  
**Tomatoes**  
**Watermelon**  
**For medium and large**  
**Cucumbers**  
**For medium: Cauliflower**

For beets immediately twist off your greens and store separately place in your fridge. Use your beet greens the same way you'd use Swiss Chard. So good for you, eat the stems and the leaves!

**Edamame beans** need a little work but are every bit worth the effort! Boil them as little pods. Just put a few inches with well salted water, boil water, dump in your pods, wait 4 minutes, drain and serve in a little bowl. Your happy eaters will pop the buttery beans out of the pod and eat them up. They make a good snack on their own or a side dish. If you want to do the work you can pop them all out and add them to just about anything-pasta, rice, salad...

**Watermelons** are particularly hard this year to tell if they are ripe. We did our best but if you get an unripe white one inside let us know and we will make sure you get a replacement next week.

#### **Broccoli**

Uh oh....that time of the year when the beautiful white butterfly babies are around. These are better known as little green caterpillars. The bane of organic farmers, they can only be really effectively poisoned off and, well, we don't want to be doing that for all sorts of simple but far reaching reasons right? So cut up your broccoli florets, rinse well and keep your eyes open. The broccoli is amazing so we feel its worth the yuck risk.

*Wash your Vegetables!*



## ARRIVAL TIMES

Arden Hills 7am--9pm  
Blaine 11am-9pm  
Burns and Mc Donnell 9am-4pm  
Cooper 7.15am-9pm  
Farm 7am-9pm  
Golden Valley Kaltern 10am-9pm  
Hiawatha 7am-9pm  
Lake Harriet 8.30am-9pm  
Lowry Hill 8am-9pm  
MWS 7.30-4.30pm  
North St Paul 8.30am-9pm  
Powderhorn 7.45am  
Shoreview 6,30am -9pm  
St Paul 6.30am-9pm  
Stillwater 7.30am-9pm  
St Anthony Park 10.30am  
Vadnais 8am- 9pm

## Things you can do online:

Sign in and then check your payment history or make a payment, check the route times, change your site, look up your site hosts contact into.

Check previous box notes by going to [www.communityhome-stead.org](http://www.communityhome-stead.org) CSA and then box notes.

Vacation: if you are out of town you can do one of two things

- 1.Email to donate your box
- 2.Gift the box it to family/friend to pick up but be sure they know how to do this. You can also change the site for the week for their convenience.

Edamame beans



Thats all for this week but...more ideas next week!! Happy Eating!